

BRIEFING

SUPPORTING EMPLOYEES: WORK THAT WORKS

The cost-of-living crisis is challenging people as never before. Business in the Community (BITC) has reached out to its members to understand how businesses can support their employees. We have identified a number of clear actions employers can take. This briefing focuses on flexible work that works.

How businesses can support employees during the cost-of-living crisis

The cost-of-living crisis is complex, but employers can help. BITC consulted members to create a Cost-of-Living Action Plan which identifies three actions businesses can take now to support their employees:

- Pay the Real Living Wage to employees and contractors.
- Ensure employees have the option to work flexibly.
- Target support towards your lower income and vulnerable employees using workforce data and employee engagement.

How employers can offer flexibility and shape work that works

- Move employees who are in precarious contract typesⁱⁱ on to better paid and protected contracts.
 e.g., moving employees off zero-hours contracts will enhance benefits and wellbeing. Make sure

AT BITC MEMBER THE FINANCIAL SERVICES COMPENSATION SCHEME (FSCS), ALL JOBS CAN BE CARRIED OUT FLEXIBLY – AT HOME, IN CONDENSED HOURS, OR WITH FLEXIBLE START AND LEAVE TIMES.

temporary workers can access their benefits too. <u>BITC's research</u> found that less than one in ten people on temporary, minimum or zerohours contracts could move to better terms.

Help employees create work that allows them to balance work with caring responsibilities. To <u>Support Carers in the Work Place</u>, start by collating data and insight and using this to set goals that can be measured. In line with BITC's <u>Who Cares?</u> report, begin by considering caring the norm, not the exception and work to foster a culture that supports men to care by targeting men for flexible working. BITC's <u>Equal Lives</u> research found that working flexibly is the policy both men and women find most important for balancing work and care.



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• Create work that balances with wellbeing. BITC's Your Job Can be Good for You report shows how to co-create work good for wellbeing, with flexibility as a top employee priority. BITC's Menopause toolkit shows how awareness-raising, workplace adjustments, flexible working and the right policies and procedures can support those transitioning through menopause and stop them giving up work as a result of their symptoms. BITC's research found that employees who cannot cocreate good, flexible work with their employer are more likely to experience poor mental health. RHA WALES TREATS ALL EMPLOYEES
EQUALLY TO ENSURE THE MAXIMUM
FLEXIBILITY AND BALANCE IN THEIR WORK
AND HOME LIFE. AS SUCH, MOVING TO A
NEW FLEXIBLE WORKING OFFER WHICH
INCLUDES NINE-DAY FORTNIGHTS AND NO
CORE HOURS OF WORK.

Further BITC resources

BITC's 'Who Cares?' campaign links you to resources to support working carers, both parents and those caring for the sick and elderly.

<u>BITC's Inclusive Remote Working toolkit</u> identifies actions you can take to create inclusive homebased, hybrid and office-based ways of working.

<u>BITC's website</u> links you to all our resources and information on how to join us.

BITC COST OF LIVING ACTION PLAN

The BITC Cost-of-Living Action Plan sets out a series of business actions, tested with our members. This briefing has focused on the second action to support employees: Ensure employees have the option to work flexibly. You can find briefings on the other actions via the <u>BITC Cost-of-Living Hub</u>.



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- find out more about our <u>cost-of-living</u> work
- <u>learn more about our advisory services</u>
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- tell us <u>your feedback</u>



today to learn how membership of BITC can help you take your responsible business journey further and drive lasting global change.

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ENDNOTES

 $^{^{\}rm i}$ GOV.UK 'Flexible Working' <code>https://www.gov.uk/flexible-working</code> $^{\rm ii}$ TUC (2018) 'Living on the Edge: Experiencing workplace insecurity in the UK <code>https://www.tuc.org.uk/research-analysis/reports/living-edge-0</code>