

## Are you unemployed and looking for a new job?

## Come along to BITC's Customer Online Open House for BITC Job Coaching

Hear about how being matched with one of our business volunteers can help you with your journey into work. No need to register, just click or scan to join:

## Every Wednesday 11am – 11.30am



Would you like some help with:

- \* Defining employment-related goals?
- \* Understanding and describing skills?
- \* Identifying new ways to apply skills?
- Navigating job application processes?
- \* Building motivation and self-belief?

Our programme involves 6 coaching calls (either virtually or by phone) that you can arrange for a **time that's convenient** to you.

It can be difficult to know what to do next when you are looking for a job. Having a BITC coach on your side can make all the difference.

Our coaches are here to **support** you. They have **time to listen**, help you **stay positive** and **motivated**, **plan** and **make decisions** for the future.

We welcome anyone who is **18+ and unemployed**. All you need is an email address and a phone.

For any questions, email us at coaching@bitc.org.uk



